

Bluegrass Ear, Nose, & Throat

Pediatric and Adult Specialties Care

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You are scheduled for an Electronystagmogram (ENG) at our office on _____ at _____.

Electronystagmography (ENG) is a test of your balance system. When you experience dizziness, it can be caused by a problem in your inner ear or in several centers in your brain. This test will help your doctor to determine what part of the balance system is causing your dizziness.

ENG is a painless test but you may experience dizziness during the evaluation. Therefore, we ask that you **DO NOT EAT OR DRINK** 4 hours prior to the test, dress comfortably, and do not wear makeup.

YOU MUST NOT take any of the following medications for at least **48** hours prior to your test:

1. Alcoholic beverages
2. Sleeping pills
3. Tranquilizers
4. Anti-dizzy pills
5. Narcotics of any kind
6. Cold or allergy medicine
7. Nicotine

If you have any questions about the medicine you are currently taking, please ask your doctor. If you take any of these medications before the test, the test results could be invalid, therefore the test would be rescheduled.

The ENG test takes approximately one hour to complete. Most people have no problem driving afterwards, but you may feel more comfortable having someone drive you.

*Laser Surgery *Endoscopic Sinus Surgery*Snoring/Sleep Apnea Surgery*Voice Disorders
*Audiology*Hearing Aids*